The Year of Saint Paul 2008 - 2009
See page five for more details on Scripture Studies
From the Director

Dear Catechists,

In our previous Newsletter I outlined my vision, aims and objectives for CCD (2009-2011) which will hopefully strengthen our catechist base, increase our penetration into secondary schools, and improve our teaching resources.

I am happy to report that a number of the initiatives designed to achieve these objectives are rapidly being put into place.

First, is the new professional format of our Catechist Newsletter. This publication will now come out six times a year and will henceforth be entitled ‘Light and Life’ to reflect the spirit of our new K-12 curriculum.

Second, the University of Notre Dame (Broadway Campus) has officially come on board to be a source of recruitment of university aged students. Similarly, Bethlehem College (Ashfield) and Patrician Brothers (Fairfield) will be recruiting Year 11 students to work as catechists in neighbouring primary schools. It is hoped that all three institutions can supply up to 20 students each to work as regular catechists.

The work on revising the K-6 COLAL is likewise well under way. I have commissioned three of the Faith Education Officers to commence work on curriculum revision at three different levels: i) a comprehensive revision of the Kindergarten program; ii) implementing ‘fine-tuning’ amendments K-6; and iii) remerging the Student and Home Activity books into one book with a reduction in Home Activity sheets from 35 to 12. Hopefully, by 2010 K-6 COLAL will be an improved, lighter and cost effective curriculum for all concerned.

Similarly, the first steps have been taken to begin work on the new 7-12 curriculum. It is envisaged that 12 lessons will be prepared for each year group, plus a series of seminars. A team of six writers (including two catechists) will be put together for the Teacher Manuals and another two writers for the Activity Books. Draft textbooks for Years 7 and 9 will be published for initial implementation and catechist feedback by the beginning of 2010.

As a final point, please be aware that I am very keen as Director to personally assist parishes in catechist recruitment. Any parishes needing assistance in this regard are free to call me directly on 9390 5127 to arrange a personal visit from myself.

Thank you,

Robert Haddad
Hello to all the catechists and parish catechist coordinators in the Bankstown area, welcome to 2009!

My name is Marijana Nujic and I am your new Faith Education Officer. I am thankful for this opportunity to serve in this important ministry and look forward to working with you.

My previous role as a Pastoral Preparation Officer for World Youth Day 2008 here in Sydney was an amazing spiritual journey. Working as a part of the Evangelisation and Catechesis team, my role focused on the preparation of prayer campaigns, staff retreats, WYD08 parish materials and planning for WYD08 events including Eucharistic Adoration, Reconciliation and Pilgrimage to the Cathedral.

I was also blessed with the opportunity to manage Evangelisation assistant volunteers who provided pastoral support for WYD08 pilgrims. A majority of these volunteers were religious nuns from various orders in the USA and were like spiritual magnets to the young pilgrims. I was so touched by their dedication, faith and joy in serving and their strong witness to Christ.

I would like to thank each of you for being so generous in the gift of your time, faith and prayers in sharing the gospel message to the young in our public schools. I remember fondly the scripture classes I attended at public school. Please remember often the POWER of your witness to Christ. The seeds that your words and actions sow in the hearts of the students will grow and multiply and bear much fruit with God’s grace. You too will receive many blessings for your work.

Thank you to Robert Milan and Josephine Elias for their great work in the Bankstown area.

Please note that the Coordinators meeting will be held on 13 February 2008 from 10.00am to 12.30pm at the Polding Centre, Level 8. There will be two Orientation meetings: 16 February from 10am to 12 noon at Our Lady of Fatima, Kingsgrove and 20 February from 10am to 12 noon at St John of God, Auburn.

You are in my prayers.

God Bless

Marijana Nujic - Faith Education Officer

Welcome to the new year. I would like to thank everyone for their good wishes at the end of last year. It was a great pleasure catching up with so many of you at various occasions to mark the end of the year. I had the opportunity to attend a number of Thanksgiving Masses to which both children and catechists were invited. It was very moving to be at such celebrations that acknowledge the great commitment of the catechists and also illustrate the enthusiasm of the students.

2009 is going to be another exciting year with the highest priority being recruitment of new catechists. To this end I will be visiting Notre Dame in January and February to speak to students at their orientation day and first week of classes. We hope to recruit many young and enthusiastic university students and encourage them to commit to a minimum of one semester of teaching. As they are attending university close to many of our parishes, the city area schools may be well suited to receiving them. I will be visiting all the parishes early in the year and look forward to hearing from you regarding concerns and particular needs in each parish.

Another project I will be working on in 2009 is the condensing of the curriculum books back to one book instead of the two. This is in response to concerns about convenience and weight. I welcome any suggestions as to corrections that need to be made to formatting or puzzles, etc. We expect to reprint in time for 2010.

I look forward to meeting you all again soon and enjoying a very busy and fruitful year together.

God bless

Mary Carolan - Faith Education Officer
This time of the year always reminds me of a line from a song from Happy Christmas (War Is Over) by John Lennon & Yoko Ono “Another year over a new one has begun.” Yes, a year has begun and I welcome you all back to another year of excitement and challenges. I hope you are refreshed and ready to go. We hope the spirit of 2009 with the Year of St Paul will energise us to continue our witness through the assistance of the Holy Spirit, “You will receive power when the Holy Spirit comes upon you and you will be my witnesses…” (Acts 1:8)

St Paul, through his life, conversion, teachings and many missions is testimony to the work of the Holy Spirit. He is the example of a teacher, role model, a man of strength who was not afraid to speak the truth, a man of compassion who cared for the souls of all as attested through his letters to the different communities, a man of faith who believed unreservedly in Jesus Christ and a man of love. See 1 Corinthians 1-13 for a wonderful exposition on love. This is my all time favourite passage from St Paul and reminds me of the humility of all our catechists and what they strive for in achieving the greatest gift of all – love.

As we journey to our classes in the new school year let us keep in our minds, hearts and souls the journeys of St Paul and his love and enthusiasm in proclaiming Christ. With the guidance of the Holy Spirit let us continue to radiate God’s love everywhere we go despite the challenges that may confront us.

In a final word, I encourage catechists to continue their professional development by enrolling in any of the Accreditation Courses. I have booked all the courses, dates, times and venues for the entire year and would be delighted to see many enrol. The Coordinator meetings, Orientation days, Concord Area Mass along with other dates are all featured in this edition of the Newsletter, please make a note in your diaries.

I look forward to seeing you through my journey and wish you success in 2009 and please do not hesitate to contact me for anything that you require or even for a little chat.

We pray for St Paul’s intercession throughout the year ahead as we spread the Good News of Christ to all peoples.

Robert Milan - Faith Education Officer

Welcome to the New Year and your new catechist class.

The first Coordinator meeting for 2009 will be held at Miranda CCD on Tuesday 3 February at 10am. A representative from each parish should attend this meeting. This is usually the coordinator however another catechist from the parish is also most welcome to attend.

We have Orientation meetings at the beginning of each school year. These meetings are suitable for all catechists and you are invited to attend one near you. The details of all orientation meetings are listed elsewhere in this newsletter. These orientation days can also be brought to your parish as an extension of the first meeting in the year.

Starting a new year with a new class can be daunting. I have often heard catechists ask the following questions:

How will I manage the class? What if I do not know enough about my faith? What will I teach?

The Accreditation Courses help you gain basic skills in preparation and planning your lessons using the approved curriculum. They provide an opportunity for you to learn more about the Catholic faith and how to present it to students at an appropriate age level. These courses also provide opportunities to observe and discuss teaching strategies that are creative ways of avoiding discipline problems. See page 7 for course dates.

It is a good idea to plan your lessons early and if possible ‘talk through’ the first few lessons with a more experienced catechist. A well planned lesson usually means fewer discipline problems. After each lesson take the time to reflect on how you went. Get to know the names of the students as soon as possible. Use name tags and make a class roll.

We are on a journey of faith and the God of surprises is ever calling us to new experiences. Just as the Christmas Crib was symbolic of a beacon of light drawing us to the Infant King at Bethlehem, so too is the Cross a beacon of light calling us onto the great mystery of his love. Our work as catechists implies an ongoing commitment to that love. Let us open the door to the power of the Holy Spirit - great things can happen. I wish you all the very best for your work this term. Call or email if you need help.

Denise Humphreys - Faith Education Officer

Tel: 9390 5122
Fax: 9283 5146
denise.humphreys@ccdsydney.catholic.edu.au
Greetings to all in the Western Area and welcome back to the catechetical ministry! I hope you all enjoyed your summer break and are refreshed and renewed, ready for all that our good Lord has to offer you this year in 2009.

This term I look forward to seeing many of you at our first bible study on the Acts of the Apostles being held weekly at Smithfield Parish on Monday mornings.

Places are still available for you to experience the wonder and awe of the graces of Italy with our first ever CCD pilgrimage to Europe. We will be visiting the holy sites, witnessing the beauty of Italy in Spring and having an audience with Pope Benedict XVI!

Thank you for your commitment and your “yes” to spreading the Gospel. May Our Lady watch over you all and pray for each one of you as you embark on another year of service in the vineyard.

Mary Days will once again be held each term this year. A day retreat for women to understand the beauty of their feminine genius. Please see below for more details.

Certificate in Scripture Studies


A chance to grow in your knowledge and understanding of the Word of God, in a friendly and prayerful environment with fellow catechists.

Venue: St Gertrude’s Parish
8 Justin Street, Smithfield

When: Each Monday of school term commencing 2 March 2009

Time: 10.00-11:30 am

Please contact Teresa Culjak on 9390 5122 to RSVP

A certificate will be issued to those who attend at least 75% of the course.

Viva Italia!

The CCD is off to Italy inviting you to join us on pilgrimage as we discover the graces of Italy and the beauty of our Catholic faith.

If you have always wanted to go on pilgrimage but never knew how or who with, this is the perfect opportunity to do so.

The cost of the CCD pilgrimage to Europe is *$5235 (excluding taxes and levies) which will include tours, guides, entry fees, transport, accommodation, breakfasts, dinners – the works!

Departing Sydney on Easter Monday 2009, the tour will start in Venice and continue through Padua, Siena, Assisi, Loreto, Lanciano, San Giovanni Rotondo and Roma! These extraordinary places are specially chosen for their holiness, saints and miracles.

The pilgrimage is open to all associated with the Catechist ministry. (This includes family)

* This price is subject to change

Mary Day Retreat

We would like to extend an invitation to all women catechists in the Archdiocese of Sydney to attend our quarterly retreat Mary Day at Mt Schoenstatt, Mulgoa.

These days are specially designed to look at the different aspects on the vocation of woman taking Mary, the new Eve as our role model.

Fr Clesio do Nascimento Mendes from the Neocatechumenal Way will be presenting the retreat in preparation for Easter. He will have a special emphasis on suffering and the cross in our lives.

Venue: Mt Schoenstatt, 230 Fairlight Road, Mulgoa
Date: Friday 27 March 2009
Time: 10am – 2pm. Morning Tea will be available at 9:45am.

What to bring: A Bible, pen and paper and a plate to share for lunch. Mass and Confession will be available.

RSVP: CCD on 9390 5122
# Catechist Ministry Certificate 2009

## Term One

### Foundations of Religious Education (MC02)
- **Mary Carolan**
- St Joseph's parish
- 21B Frederick St, Oatley
- Thursdays, 12:30pm to 3pm
- February 26, March 5, 12, 19

### Ministry (MC05)
- **Robert Milan**
- CCD Office, Hoxton Park
- 21 Twentieth Ave, Hoxton Park
- Wednesday, Thursday & Friday 10am to 2:30pm
- April 15, 16, 17

### Teaching and Learning Strategies (MI14)
- **Denise Humphreys**
- CCD Miranda, 50 Kiora Road Miranda
- Fridays, 10am to 1pm
- March 6, 13, 20, 27

## Term Two

### Church: Universal & Local (MC06)
- **Robert Milan**
- CCD Office, Hoxton Park
- 21 Twentieth Ave, Hoxton Park
- Wednesday, Thursday & Friday 10am to 2:30pm
- April 22, 23, 24

### The Catechism (MI20)
- **Mary Carolan**
- Polding Centre, 133 Liverpool Street, Sydney
- Mondays 10am to 2pm
- May 4, 11, 18, 25 June 1

### Controversies in Church History (MI22)
- **Robert Haddad**
- Polding Centre, 133 Liverpool Street, Sydney
- Tuesday & Wednesday 10am to 2pm
- April 28, 29

### The Place of Sacred Scripture in the Catholic Tradition (MC01)
- **Denise Humphreys**
- CCD Miranda, 50 Kiora Road Miranda
- Fridays, 10am to 1pm
- June 5, 12, 19, 26

## Term Three

### Catholics in History (MI13)
- **Mary Carolan**
- St Joseph's parish
- 21B Frederick St, Oatley
- Thursdays, 10am to 2pm
- June 18, 25

### Church Teachings on Mary (MI21)
- **Robert Haddad**
- Polding Centre, 133 Liverpool Street, Sydney
- Monday & Tuesday 10am to 2pm
- July 23, 24

### The Eucharist (MI19)
- **Robert Haddad**
- Polding Centre, 133 Liverpool Street, Sydney
- Thursday & Friday, 10am to 2pm
- August 27, 28

### Theology I; Making Sense of the Faith (MC03)
- **Robert Milan**
- CCD Office, Hoxton Park
- 21 Twentieth Ave, Hoxton Park
- Fridays 10am to 2.30pm
- July 31, August 7, 14

### Legacy of John Paul II (MI23)
- **Eamon Keane**
- Polding Centre, 133 Liverpool Street, Sydney
- Thursday & Friday 10am to 2pm
- July 16, 17

### Paul (MI03)
- **Ruth Fernandes**
- Polding Centre, 133 Liverpool Street, Sydney
- Thursdays, 10am to 2.30pm
- September 3, 10, 17

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*NB: Catechist Ministry Courses require a minimum of 10 students to run.*

*Bookings two weeks in advance essential.*
Events for Term One 2009

Coordinators meetings and Orientation days for each area will be held during February. Contact your Faith Education Officer for further details. Dates and venues are as follows:

### Coordinators meetings

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<thead>
<tr>
<th>Area</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Contact Person</th>
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</thead>
<tbody>
<tr>
<td>Bankstown</td>
<td>Friday 13</td>
<td>10 -12:30</td>
<td>Polding Centre</td>
<td>Br John Taylor</td>
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<td>Level 8</td>
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<tr>
<td>City</td>
<td>Monday 9</td>
<td>10 -12:30</td>
<td>Polding Centre</td>
<td>Br John Taylor</td>
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<td>Level 8</td>
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<tr>
<td>Concord</td>
<td>Friday 6</td>
<td>10 -12:30</td>
<td>Polding Centre</td>
<td>Br John Taylor</td>
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<tr>
<td>Sutherland/St George</td>
<td>Tuesday 3</td>
<td>10 -12:30</td>
<td>CCD Centre</td>
<td>Miranda</td>
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<td>Western</td>
<td>Monday 2</td>
<td>10 -12:30</td>
<td>All Saints Parish</td>
<td>48 George St</td>
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<td>Liverpool</td>
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### Orientation days

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<th>Time</th>
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<tr>
<td>Bankstown</td>
<td>Monday 16</td>
<td>10 -12:00</td>
<td>Our Lady of Fatima</td>
<td>89 Shaw St</td>
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<td>Kingsgrove</td>
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<td>Friday 20</td>
<td>10 -12:00</td>
<td>St John of God</td>
<td>2 Alice St</td>
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<td>Mass 9:15</td>
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<td>Auburn</td>
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<tr>
<td>City</td>
<td>Monday 16</td>
<td>10 -12:30</td>
<td>Polding Centre</td>
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<tr>
<td>Concord</td>
<td>Tuesday 10</td>
<td>10 -12:00</td>
<td>St Ambrose Parish</td>
<td>Hall</td>
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<td>Cnr Stuart &amp; Queen</td>
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<td>Concord West</td>
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<td>Friday 13</td>
<td>10 -12:00</td>
<td>Holy Spirit Parish</td>
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<td>North Ryde</td>
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<td>Sutherland/St George</td>
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<td>10 -12:00</td>
<td>CCD Centre</td>
<td>Miranda</td>
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<td>Friday 6</td>
<td>10 -12:00</td>
<td>St Thomas More Parish</td>
<td>Bay Street</td>
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<td>Brighton-Le-Sands</td>
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<tr>
<td>Western</td>
<td>Monday 16</td>
<td>10 -12:00</td>
<td>Our Lady of Mt Carmel</td>
<td>230 Humphries Rd</td>
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In recent decades the spirituality of children has increasingly become the focus of research, particularly in relation to moral and faith development. It has been found that children have an innate awareness of the spiritual realm. They have a natural openness and receptivity, and their imagination, their simplicity and their capacity for joy, make them a good example for adults.

The experience of the holy and sacred is natural to childhood and does not seem to be directly dependent upon their cognitive and verbal development. Madeleine Simon argues that there is a certain capacity for learning which is unique to childhood and these experiences sink deeply into the very core of a child’s being, in a way that is not possible in later life. Children can be drawn into the present moment, whereas adults tend to become preoccupied with either the past or future which inhibits them from enjoying the vividness of the present.

Young children are natural contemplatives with a great capacity for wonder and awe. They are naturally aware of the small moments in life and see the connectedness with creation. They have a capacity for stillness and silence.

The Roman philosopher Plutarch warned almost 2000 years ago that “a child’s mind is not a vessel to be filled, but a fire to be kindled.” Thus the importance of ensuring that the method of speaking about God with children is compatible with the religious message. The teacher’s role is that of a guide or facilitator, preparing the materials and presenting the stories which call forth a response from the child. Key stories from the Bible thus need to be selected to satisfy the deep spiritual needs of children at three different stages of development (aged 3-6, 6-9, 9-12). Biblical stories are particularly suited to them because they use only actions and descriptions essential to the story. This corresponds to the child’s capacity for intuitive learning. Children are easily able to find meaning through story and symbol and can use their imagination to relate the stories to their own lives and experience, even though they may be unable to verbalise their insights.

The stories need to be told from the heart. If the teacher uses scripts which stay close to the Biblical texts and include gestures and silence, the child quickly becomes engaged. Simple concrete and visual materials are used to focus the child on the story, not the story teller. The child who experiences the story told in this manner, not only remembers the story but learns from the teacher’s presentation to reverence the story and the materials.

Following the story, “I wonder” statements engage children with the story and invite reflection. There are no right answers to wondering statements. In this way children learn that scripture holds never ending layers of meaningfulness, for each one of us. Wondering together also teaches the art of dialogue, of listening to others and accepting and learning from others ideas and contributions.

Research confirms the importance of play in children’s development and early learning, as it is through play that they investigate, create, role play and discover meaning. They also have a particular capacity for prayer in which they use few words and are comfortable with silence. Children also enjoy ritual and repetition.

Moral formation happens at two levels. The first level is the formation of the person which is the foundation for moral behaviour. In this we gain our fundamental attitude towards life. This formation happens in our interactions with others. Thus the importance of relationships with parents and others and with God: the relationship of paramount importance. Catechists and teachers build the foundations for the moral life by helping children know the God who is calling them by name and who loves them so deeply. In telling the stories and inviting children to wonder and respond, “we are feeding that inner wellspring, the source from which the child’s behaviour will flow forth in later childhood.” The second level of moral formation, that of doing, thus flows naturally as the child grows into adulthood.

Summary of article printed by the Catholic Adult Education Centre in Inform 117 “God and the Young Child” by Anthony Cleary and Sue Moffat.
Match each word to the correct definition. When you have finished see if you can find them in the word search below.

Ash Wednesday: The liturgical colour of Lent
Purple/violet: Talking to God
Forty days: Eating less food or giving up other things we like
Prayer: Giving money, food, clothing etc to the poor or helping others
Fasting: Putting the needs of others ahead of our own needs
Almsgiving: The first day of Lent
Reconcile: The number of days in Lent
Self-denial: Make things right again

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Heavenly Father, may Lent be a time in which we become a people of thoughtful minds, helping hands and generous hearts.

Amen.
In view of pressing financial commitments it has been necessary to review the current CCD student sponsorship arrangement with Catholic Adult Education Centre (CAEC). The CCD encourages catechists to further their theological knowledge wherever possible and has currently a range of courses available in place, free of charge, for this purpose. Also numerous gathering and other special religious education events are conducted from time to time.

Therefore as from 2 January 2009 the new policy will be as follows:

- To qualify for any subsidy with CAEC, catechists must first have completed the range of courses currently available, as set out in the parish handbook, i.e. Basic, Intermediate & Advanced.
- CCD will financially assist qualifying catechists to the extent of 50% of the cost of each separate unit undertaken.
- Only three units per calendar year will be considered and must be first recommended and approved by the parish priest and/or the parish coordinator wherever possible.

An all up total ceiling amount of $750 will apply to each individual catechist.

The changes to the policy have been necessary in order to ensure that scarce funds are available evenly to all catechists throughout the Sydney Archdiocese who wish to embark on further studies. In the event of any extenuating circumstance, requests outside the above policy will be considered.

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**Your Liturgical Resources for 2009**

**The Catechist’s Toolbox**

Each year, roughly one-third of the more than five hundred thousand volunteer catechists in Catholic parishes are new to the job.

The Catechist's Toolbox is an invaluable collection of methodologies, techniques, and tips that provide on-the-job training for any new catechist.

Employing the metaphor of a homeowner’s toolbox, Paprocki explains what every catechist must know and do to develop the skills he or she will need in order to thrive as a religion teacher for many years to come.

RRP $21.95

**First Steps In Religious Education**

An interactive handbook designed to assist those preparing to teach religious education in early years’ classrooms.

Through a balance of theory and practice, the reader-participants are led to consider the nature and purpose of religious education, and to begin to develop a personal vision of themselves as teachers of religious education.

RRP $29.95
Your Liturgical Resources for 2009

**Break Open the Word - B / 2009**

Designed for those who proclaim the Scriptures at Sunday Mass. The readings are given in two translations: the Jerusalem and the NRSV for a comparison. For each reading and the psalm, there is a commentary which gives a little background to the text and assists the reader to proclaim the text well.

It contains nine pages for readers' preparation, six pages giving an overview of the Lectionary and a four-page pronunciation guide.

RRP $19.35

**Ordo 2009**

The Liturgical Commission publishes the official Ordo for Australia and New Zealand. The Ordo gives complete details of the celebration of the Eucharist and the Liturgy of the Hours, beginning with the first Sunday of Advent. Every sacristy and church desk needs one.

RRP $10.00

**Daily Mass Book 2009-2010**

Familiar easy-to-use format with everything in place. Use it as a guide to the liturgical calendar and as a liturgy preparation too.

RRP $19.35

Available from

**Sydney Catholic Books & Resources**

Ph: 02 9390 5130  Fax 02 9283 5146
Email: books@ccdsydney.catholic.edu.au
Online bookshop: www.sydneycatholicbooks.org.au
Saint Paul and Prayer

We can see from St Paul’s letters that prayer was an important part of his life. He prayed because God was the centre of his universe. “For from him and through him and for him are all things. To him be glory forever. Amen.” (Rom. 11:36) “Pray without ceasing,” he told the Thessalonians, “In all circumstances give thanks, for this is the will of God for you in Christ Jesus.” (1Thes. 5:17–18)

Paul addresses his prayer to God the Father, in the name of Jesus, and by the power of the Holy Spirit: “In the same way, the Spirit too comes to the aid of our weakness; for we do not know how to pray as we ought, but the Spirit itself intercedes with inexpressible groanings.” (Rom. 8:26) Paul rarely prays for worldly things like health, prosperity, or healing. These things do not last. He says that “we look not to what is seen but to what is unseen; for what is seen is transitory, but what is unseen is eternal.” (2 Cor. 4:18)

Ephesians offers a good summary of Pauline prayer,

“. . . that Christ may dwell in your hearts through faith; that you, rooted and grounded in love, may have strength to comprehend with all the holy ones what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.” (Eph. 3:17–19)

http://www.yearofsaintpaul.com/paul-and-prayer.html

Prayer in the words of Saint Paul

Blessed are you Father of our Lord Jesus Christ, the Father of mercies and the God of all comforts. You have blessed us in Christ with every spiritual blessing of the heavenly heights. Thus you chose us in him with love before the world was made to be holy and to be your children in Jesus Christ.

Blessed are you Jesus Christ our God, born of the Father from all eternity and of a woman in the fullness of time, to make us His children. You loved us and sacrificed yourself for us, so that we may become your brothers and sisters. You are our firstborn; you live in us and we live in you, and so our faces mirror your glory.

Blessed are you, Spirit of the Father. You have poured your love into our hearts. Blessed are you, Spirit of the Son, you cry out in our hearts: “Abba”, witnessing with our souls that we are children of God. By living in us, you make of our bodies, temples of God, and bestow on us gifts, that we may live in the freedom of the children of God, because where you are is freedom.

May the love of God the Father, the grace of our Lord Jesus Christ and the communion of the Holy Spirit, be with us all, through the intercession of St Paul, the Apostle. Amen.